

The RAYMOND RECORDER HISTORY OF RAYMOND

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Pasteurization Of Milk

Pasteurization of milk is simple procedure. It involves the heating of milk to 145 degrees Fahrenheit holding it at that temperature for half an hour, then rapidly chilling it to 40 degrees Fahrenheit. Milk when it has undergone this procedure is pasteurized. The heat has killed all disease-producing organisms and in the process this most valuable of foods has not been injured.

There is no finer food than milk. Its nutritive qualities are acknowledged everywhere. It is an essential in the diet of young and old alike. And yet raw milk has been responsible for more deaths than war itself. Milk is an excellent culture medium as the bacteriologist would say. In other words germs grow in it very rapidly if they are once planted in it.

Germs producing disease in the human may originate in the cow. Thus many cows have tuberculosis and the tuberculosis in a tuberculous cow will infect her milk. A cow may suffer from Bang's disease. About a quarter of all herds are infected. The germs of this disease infect the milk of the infected cow and cause that not infrequently fatal disease—tuberculous fever in human beings.

Infection in milk may come from the people who handle it—perhaps from the milkster on the farm. Thus typhoid fever, diphtheria, scarlet fever and septic sore throat have been known to occur in epidemic form because of infected milk. Then, too, the fatal diarrhoea of infancy originates in raw milk.

All of these serious results are prevented by pasteurization—that simple process—originating from the discoveries of the great Pasteur, the famous French chemist who laid the foundation of modern preventative medicine by discovering that communicable disease is passed from person to person by bacteria.

Pasteurization does not harm milk. We have the authority of the physician-in-chief of the Hospital for Sick Children in Toronto for the statement that for thirty years not a drop of milk has been given to the little patients in the hospital which has not only been pasteurized but also boiled in order to improve its digestive qualities.

You will hear all sorts of stories from uninformed persons who oppose pasteurization for selfish reasons to the effect that pasteurization damages milk, that it destroys calcium and vitamins—that it spoils the taste.

These stories are not true. Pasteurization does not alter the calcium content of milk—and as a matter of fact cow's milk which nature intended for calves, not human babies, contains more calcium than babies need—three times as much as mothers' milk.

Vitamin C—the vitamin which prevents scurvy—is said to be reduced slightly by pasteurization. Vitamin D—the vitamin which prevents rickets—is not affected at all. But in any case there is not sufficient of either Vitamin C or Vitamin D in cow's milk to supply the needs of the growing infant and all babies should be given orange juice to supply the deficiency in Vitamin C and Cod Liver Oil to supply the necessary Vitamin D.

Then this is the story of pasteurization—what it is and why it is necessary.

It is a simple process which makes the most valuable of our foods safe. Everyone should understand the meaning of pasteurization. Every community should make sure that only pasteurized milk is sold within its boundaries.

Drink lots of milk but drink only pasteurized milk.



PETER JAMES CHRISTENSEN
Closely connected with the first Sugar Factory.

Peter James Christensen, "P.J." as he was known and called by his friends, was born in Mill Creek Utah. He came to Canada in 1902. Before coming to Canada he was Bishop of the L.D.S. Church in Nephi, Utah.

Upon his arrival in Raymond he immediately became interested in the growing of sugar beets and the establishment of a sugar factory here. Being a man of foresight broad vision and good judgement he was soon given the responsibility of supervising large groups of workers in the beet fields. He was a tiller of the soil and his gardens were a delight to all who saw them.

He was also successful in the raising of sugar beets and grew some of the earliest crops of sugar beets for the old Knight Sugar Company.

At one time he was foreman for the late H. S. Allen who had a contract on the old Milk River Canal. He was also a contractor on the building of the C.P.R. branch line from Raley to Woodford. His close friends and neighbors spoke of him as being one of the kindest most unselfish persons they had ever known. He would gladly go without to give to the less fortunate.

It is said strangers often sought him out for counsel and advice because of his kind, cheerful and helpful disposition.

He was indeed a friend to every one.

When the first brass band was organized in Raymond, P.J. was chosen as the band father with Amanda Nilsson as band mother and Wm. Rouse as leader. This band from its humble start became so good that it was sent to Edmonton. Mr. Christensen was twice married and was the father of twenty children, twelve of whom are still living. He had a large posterity of grand children and great grand children. Those still living in Canada are: Mrs. Edna Bishop of Spring Coulee, Melvin and Parley of Christensen Funeral Home, Lethbridge, William and Mrs. Matt Hyde also of Lethbridge, Elmo, Leonard and Jimmy in Raymond.

Mr. Christensen passed away the 23rd of April 1947, at the age of 88 years.

AUTHORS NOTE

Since beginning the History of Raymond April 3, 1947 a great many of our early pioneers have passed away. During the month of March of this year, 1948 five pioneers of Raymond left us by death, and it is estimated that 11 deaths have occurred since the first of this year.

Fearing that in writing and recording this history some deserving names may be temporarily overlooked, we are at this time, asking the co-operation of those who have not been contacted to feel free in submitting an article on their experiences in those pioneering years.

We wish to express again our appreciation to all those who have so willingly co-operated with us in our humble efforts to bring to life thrilling human interest stories—to call to mind and also to emphasize the deeds and accomplishments of these Raymond pioneers of whom we are so proud. "By their fruits ye shall know them."

EK.

FROM FLORIDA TO CANADA

A brief sketch of the John W. Lee family, an early Raymond resident as related by his eldest daughter Cora Lee Anderson, Salt Lake.

This history cannot be given without giving the cause of the Lees being here.

The Lee family were born and raised in Florida. Their life had been a contented one, their surroundings

comfortable, though humble.

Their religion was Missionary Baptist, with Mr. Lee being active in his church as clerk.

One day while visiting at the home of his brother-in-law J. O. came visiting and Mr. Lee became Chance, two Mormon elders also interested in a little booklet they had called "A Voice of Warning".

The visit terminated before the book was finished. The obliging Elders offered to loan him the book and they would call at his home later for it. They kept the appointment and that visit led to many more.

Also the acquaintance of many more Elders for several years.

Finally the Lees joined the church immediately Mr. Lee was cut off from the Baptist Church, the excuse given was that he had become a stumbling block.

Incidentally, for many years he had furnished the wine for sacrament in the Baptist Church as he grew grapes quite extensively.

After being severed, the pastor was at a loss where to obtain sacramental wine, and very humiliated he offered to buy some from Mr. Mr. Lee (no longer brother Lee). Mr. Lee freely gave him the wine, and continued to furnish it as long as he lived in the south, though he enjoyed many a laugh over it. A Mormon furnishing sacramental wine for the Baptists.

The spirit of gathering came to the Lees as it has to thousands. Consequently the eldest son Owen went to Utah with a returning Missionary in the fall of 1901 attending the Beaver academy that winter.

Next summer the Knights had opened a farming project in Alberta which to the Lees seemed as remote as the North pole does today and at the closing of the academy Owen was advised by his father to go to Alberta as the family intended coming there in the fall.

Owen sought employment from J. Will Knight, and had his first experience riding a sulky plow. He was very familiar with a walking plow but not so with a sulky over Alberta prairie. He had many ups and downs with the downs often predominating.

The Lee family left their Florida home on Sunday, the last day of August 1902 and on Monday September 1st had crossed over the State line never more to return and view the land of flowers.

The Lee and Chance families that were travelling together were staking their all, travelling northward in a chartered R.R. car of the Burlington lines.

The group reached Lethbridge Saturday, September 6th and was housed in the government Emigration building till the following Tuesday, and were hospitably cared for by Agent Humphries, who taught them their first lesson in building a fire with coal.

On Sunday the group had their first sight of Indians, camped along the river. Monday was uneventful except for the coldest winds a white man ever endured. Although thousands just as cold were endured in the year that followed.

Tuesday the Little Turkey Trail train was made up and the Conductor shouted the welcome word. All aboard for Raymond.

The party were once more happy on their way, all eyes were filled with wonder and expectancy for they knew not what. They arrived at the station about noon and Owen not expecting them was engaged record-

ing patriarchal blessings at Bro. Bevans. But the dray man scattered the news that a group of Southern Emigrants were at the station and Owen didn't wait to ask the names and came post haste.

The drayman returned and transferred the group to the McCarty Hotel for lunch. A sister Reese offered a roof for them that night in her attic which was gratefully accepted. Next day a lean-to was purchased which was the beginning of a home.

The party had seven very large travelling trunks, and the news spread through the town that there must be a show on for the evening.

To move from Florida to Canada in the fall of the year was going to the extreme and the Lees felt it.

Notwithstanding a two story dwelling had been completed before Xmas the northern climate did not touch the southern nature and they felt the cold. You could count the chill blains that winter by counting the heels in the Lee family, which consisted of the father John Lee, and mother Minnie, Owen, Cora, Hattie, Carrie, Kate, John Jr., Pearl, Dill, Lester and Mabel. A nice little family to feed for a man 50 years old in a new country.

The town was but small and young, consequently Christmas presents were scarce that winter. Santa had little to offer. But from his pack he chose the best and dropped a baby boy in the Lee stocking at four o'clock Christmas morning and they named him Walker.

Oh, no, no that was not to be the last Lee. At regular intervals there were born Kirkham, named for Patriarch James Kirkham who had endeared himself to the Lee family. Robbie, Wayne, and Sheldon.

The mother and seven of the Lee children with their multitudinous offspring live in, around and not far from Raymond at the Present time. All feel that Alberta is still a good place, and the wind still blows.

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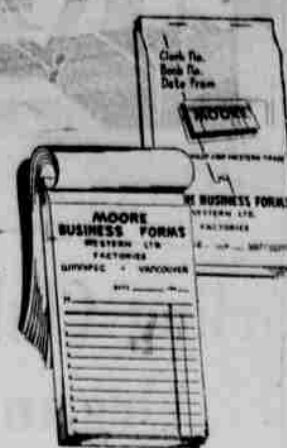
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TOWN OF RAYMOND

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